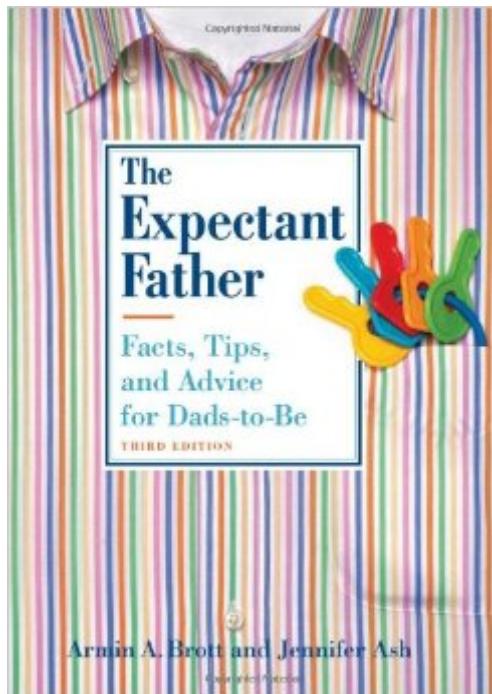


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# The Expectant Father: Facts, Tips, And Advice For Dads-to-Be (New Father Series)



## Synopsis

This indispensable book explores the emotional, financial, and even physical changes the father-to-be may experience during his partner's pregnancy. Written in an easy-to-absorb format and filled with sound advice and practical tips for men on such topics as, how to make sense of your conflicting emotions, how pregnancy affects your sex life, and how to start a college fund. This volume reassures, commiserates, and informs. It also incorporates the wisdom of top experts in the field, from obstetricians and birth-class instructors to psychologists and sociologists. This new edition features the latest research on many topics (and there's a ton of it), from expanding sections on overcoming infertility, in vitro, artificial insemination, and other tech-assisted pregnancies, especially where dad is not the biological parent, to updating the sections on childbirth to reflect the fact that about 80 percent of deliveries are now done with epidurals and new information on c-sections as well. Sections on prenatal communication and education are also be expanded. There will be an overall, top-to-bottom review of the content to make sure all the information is relevant to today's young and senior dads.

## Book Information

Series: New Father Series

Paperback: 352 pages

Publisher: Abbeville Press; 3 edition (September 14, 2010)

Language: English

ISBN-10: 0789210770

ISBN-13: 978-0789210777

Product Dimensions: 1 x 6 x 9 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (578 customer reviews)

Best Sellers Rank: #25,511 in Books (See Top 100 in Books) #22 in Books > Parenting & Relationships > Family Relationships > Fatherhood #75 in Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth

## Customer Reviews

As a first-time father approaching the due date, I have read several books for new dads to get myself at least somewhat prepared for this major life transition. I have generally been disappointed by other books because they were too low on content (The Pocket Idiot's Guide to Being an Expectant Father) and/or very high on stupid, often crass, jokes (The Guy's Guide to Surviving

Pregnancy, Childbirth and the First Year of Fatherhood; The New Dad's Survival Guide). The driving assumption for these books seems to have been that men are stupid and require juvenile humor to remain engaged. Thankfully, Armin Brott's "The Expectant Father" is an exception to that rule. The greatest asset of the book is its comprehensive nature. Brott covers it all, month by month. He discusses countless physiological, psychological, emotional, and logistical issues that are likely to confront most new parents, specifically speaking from the perspective of the father. There were a few times when my wife would read a paragraph or two over my shoulder, and she was surprised to actually read some information that she had not read in any of the eight pregnancy books that she had already finished. I appreciated the fact that Brott seems to assume that there are thoughtful, intelligent men out there who want to learn as much as possible to help their wives as much as possible through pregnancy and to transition well into fatherhood, and he offers substantial information accordingly. My primary critiques of this book actually resonate with many who gave it a one-star rating.

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